



Symposium Vlora Albania
April 22 till April 24, 2026
Programme TIG: Movement, play, health and outdoor learning.

When?	Who?	Where?	What?
Wednesday 22 th of April 26			
14h30-16h	All		Registration Meet and Greet TIG-leader: we will meet you somewhere around the registration area.   Look for Eva or look for Cathy
16h-17h			Opening Ceremony ETEN
17h-18h			Welcome Reception ETEN
19h	Optional	Taverna Kalypso Rruga shyqyri alimerko vlore Vlore, Vlore 9402 Albanië	Evening TIGs night out: Dinner with the TIG (if you would like to, on your own expenses) If the restaurant plans are changing in the days before the conference, we'll let you know by email. But we meet there anyway at 19h. Please confirm by email or whatsapp if you would like to join us (Cathy: +32478240093)
Thursday 23 th of April 26			
9h-9h15	Cathy Crabbe (BE)	TIG-room	PLAY: We interact with one another to get to know each other in a playful way
9h15-10h	Margaretha De Mooij (NL)	TIG-room	PLAY: According to Dr Gray Atherton of the University of Plymouth's school of Psychology, recent research shows that board games can enhance wellbeing, fosters inclusion, and support learning, and strong evidence that games improve engagement and social connection for neurodivergent individuals compared to other activities. In this workshop I will introduce some games which facilitate collaboration and empathy building.
10h-10h30	Björn Sjöberg (SWE)	TIG-room	MOVEMENT & HEALTH: Short summary of the session of 2025 in preparation of the afternoon swimming session: outlining the qualities that we work with in order for our

			students to increase their abilities, understanding, and familiarity with swimming. The basis is to make them understand how the relationship between your body and water works, and then to be able to put it into practice by teaching it.
10h30- 11h	Coffee break		
11h- 11h30		outside	Walking to the school
11h30-12h	Don Mark Vasa		Visit school Lef Sallate
12h-12h30	Don Mark Vasa		Visit school Lef Sallate
12h30-13h30	Lunch break	restaurant	
13h30-14h15	Hilde Grobben (BE)	TIG-room	OUTDOOR LEARNING: Presentation about the garden and the focus on outdoor education in our curriculum at the VIVES campus in Kortrijk.
14h15-14h30h	Cathy Crabbe (BE)	outside	OUTDOOR LEARNING: On the way to our destination, we'll do some short activities that encourage you to look more closely at your surroundings. We'll use our senses and keep a sharp eye out. You can also do these activities with the pupils in your class when you're on the way to another destination.
14h30u – 15h	Coffee break	Beachside	We skip the coffee break at the university, and we'll have a coffee at the beach.
15h-16h	Eva Rose (DN)	Beachside	OUTDOOR LEARNING: Beach art & games
16h-17h	Björn Sjöberg (SWE)	Ionian sea	MOVEMENT & HEALTH: This workshop/activity is IN the water of the sea. Those who want to join, bring swimming gear. The water temperature is about 16°. If you don't want to go into the water you can stay, listen and watch (or just try for a few minutes). In this activity we use our senses to familiarise ourselves with the water.
17h15-18h30	Optional		Cultural visit/Vlora city tour by walking
Evening	Free evening		
Friday 24th of April 26			
9h- 10h	Adelina Hajdinihysa (AL)	TIG-room (meeting point)	MOVEMENT: There may well be cultural differences or similarities, and these sometimes manifest themselves in specific dances performed in certain regions. Do you know of a local dance from your area? We're going to try a few Albanian ones for now.

10h-10h35	All	TIG-room	Networking and exchange activities, literature and practical teaching methods between participants and universities. Maybe we'll even have time for a folk dance from your country—be sure to bring the music
10h35-10h50	Evaluation in the TIG	TIG-room	
11h-12h	Closing Ceremony		
12h-13h	lunch		
13h-16h30	Cultural programme	optional	Cultural program by bus: visiting the ancient city of Apolloia and the monastery of Zvernec
18h30-22h		optional	Gala dinner (by bus starting from the Main building-rectorate)